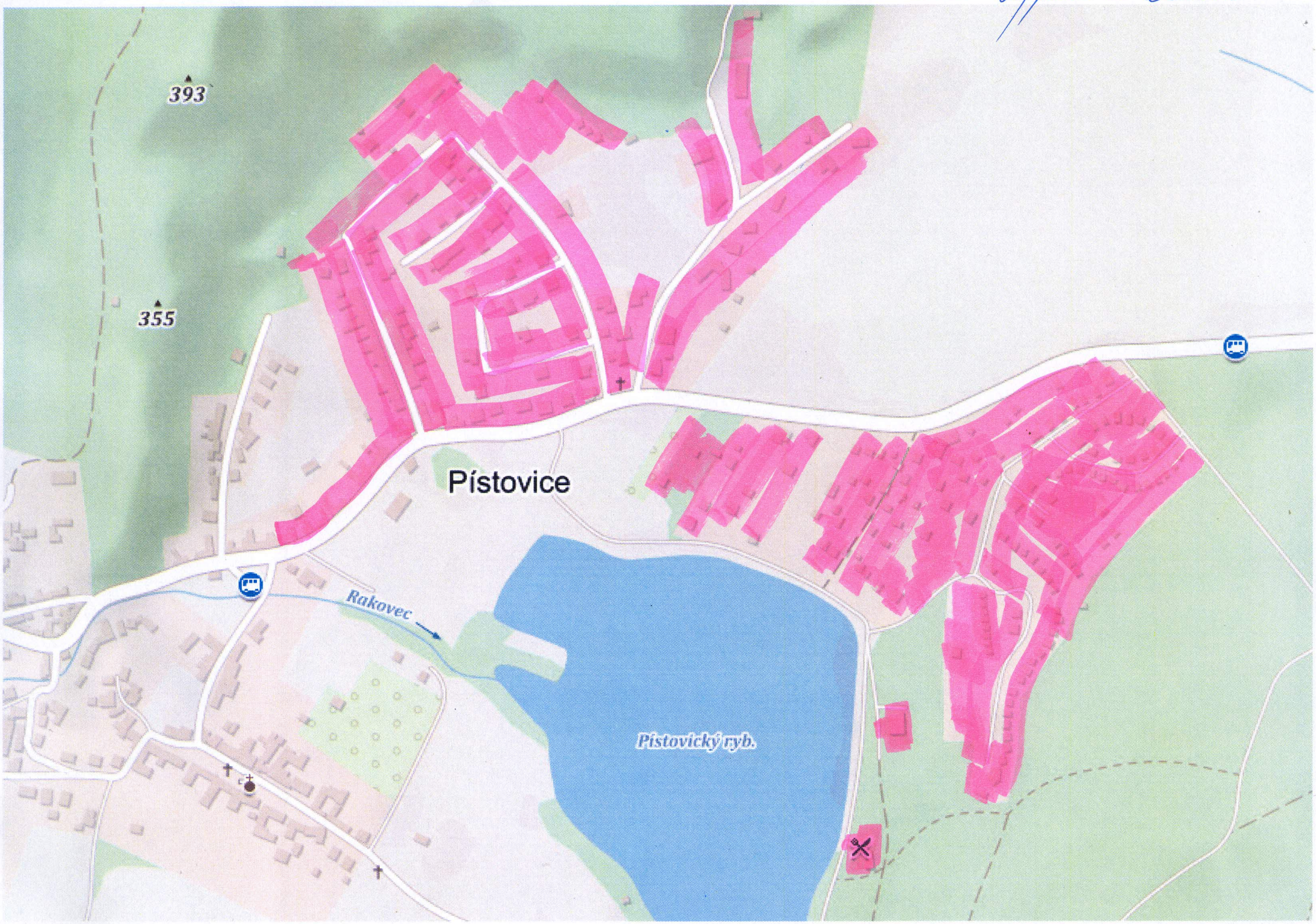Vypnutá oblast